Training Doctors Who Touch Lives

AACOMAS 2009 - 2010

Gina M. Moses, M.Ed.
Associate Director of Application Services

Old PreMeds Conference
June 2009
About AACOM

- Founded in 1898
- Supports the nation’s Colleges of Osteopathic Medicine
- Located in Chevy Chase, Maryland
Osteopathic Medicine

Philosophy unites the practice of medicine with treating the whole patient, not just the disease.

Founded in late 1880’s in Kirksville, MO by Andrew Taylor Still, M.D.

Dr. Still focused on developing a system of medical care that would promote the body’s innate ability to heal itself…now known as Osteopathic Medicine
About Our Colleges

25 Colleges of Medicine
3 Branch Campuses
19 Private (and branches)
6 Public

Additional colleges in process!
New Medical School Sites: 2009

LECOM to Expand Medical School to Seton Hill University

- Lake Erie College of Osteopathic Medicine (LECOM) received approval to open an additional site at Seton Hill University in Greensburg, PA.
- LECOM will accept 104 students at this site, growing LECOM Erie to 354 students.

MSUCOM Opens Two New Sites in Southeast Michigan

Michigan State University College of Osteopathic Medicine (MSUCOM) received approval to increase its class size by 100 students.

Students will pursue studies at two new locations:
- Detroit Medical Center
- Macomb University Center in Clinton Township.
Western University College of Osteopathic Medicine of the Pacific to Open Additional Site in Lebanon, Oregon

- Western University – College of Osteopathic Medicine of the Pacific in Pomona, CA has received approval to open an additional location in Lebanon, Oregon.

- The first class will matriculate in August 2011 and applicants will be able to apply in the AACOMAS 2010 cycle.
2008 Entering Class

Non-Science  3.57      Science  3.35
Mean GPA  3.47

Mean MCAT Scores      Overall MCAT
BS  9.13                8.70
PS  8.40
VR  8.59
About AACOMAS

- During the early summer, process takes 2-3 weeks
- Normal Processing is 3-6 weeks

**Apply, Complete, and Submit early in 2010 cycle!**

- Many colleges make admissions decisions on a rolling basis. They review applications, conduct interviews, and make admissions decisions throughout the admissions cycle.
- Interview slots may be awarded and/or classes may be filled if you apply close to the deadlines.
The College Information Booklet (CIB) describes all of the Osteopathic Medical Colleges, admissions criteria, minimum entrance requirements, supplementary application materials required, class size, application deadlines, and tuition.

CIB includes information about choosing a career in osteopathic medicine.

2010 CIB will be out this spring!
Content has been enhanced in the 2010 version
Revised yearly

Check out our online version at:
http://www.aacom.org/data/cib/index.html
Application Web Address

AACOM  http://www.aacom.org

AACOMAS Application  https://aacomas.aacom.org/
Welcome to the AACOMAS Application for 2009. Follow the steps below to submit your applications.

- Read the detailed instructions.
- Complete the application and submit it to AACOMAS.
- AACOMAS will send your applications to the medical schools you select.
- Request that your transcripts be delivered to AACOMAS.
- Request that your MCAT scores be released to AACOMAS.
- Track the progress of your applications on this page.

Good luck!

AACOMAS Application for 2010

Your AACOMAS account allows you to have multiple applications and copy information from one to the other.

Go to your 2010 application
AACOMAS: Roll-Over Feature!

**Note:** If you applied last year please use the *same email and password*. This will allow you to copy last year's application.

- 2010 application
- Go to your 2009 application
Welcome to the ACOMAS Application for 2010. Follow the steps below to submit your applications.

- Read the [detailed instructions](#).
- Complete the [application](#) and submit it to ACOMAS.
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Good luck!

[Past Applicants](#)

[Go to your 2009 application](#)
My Messages

AACOMAS Application for 2009

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Good luck!

Your AACOMAS application is powered by Interfolio, a company dedicated to giving you the best possible application experience. Interfolio can also help you collect and deliver your letters of recommendation and other critical documents. Learn more here.
Message

AACOMAS Transcripts
Jason Vargas
Today 3:37 PM

I am contacting you to request an official transcript from The University of Maryland. Currently, we are in receipt of an "Issued to Student" transcript mailed by you, but we are not able to accept this transcript for verification purposes. Verification requires an official transcript, sealed from the Registrar's Office and must not be stamped "Issued to Student." If you have any further questions about transcripts, please refer to the information on the AACOMAS website at: aacomasaacom.org
Personal Statement

The colleges will see your personal statement exactly as you enter it in the box below. You are advised to check your spelling, syntax, and grammar before submitting your personal statement.

You may type directly in the box or cut and paste from a word or text processor.

Personal Statement

Max: 4500 Current: 0
All MCAT results should be electronically submitted to AACOMAS from MCAT:

https://services.aamc.org/mcatthx/

Identifying MCAT scores:

Please use your SSN or the 8-digit number assigned when you registered for the MCAT….to ensure we accurately match your score results to your application!
### MCAT Scores

Please provide the 8-digit MCAT/AAMC number that was assigned when you registered for the MCAT exam. AACOMAS MUST have this number to match you MCAT scores to your AACOMAS record.

Enter information about all MCAT exams that you have taken or plan to take. If the status is "taken" indicate your scores: if "planned" leave the scores blank.

<table>
<thead>
<tr>
<th>Status</th>
<th>Month</th>
<th>Year</th>
<th>Verbal</th>
<th>Physical</th>
<th>Biology</th>
<th>Writing</th>
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<td>Taken</td>
<td>August</td>
<td>2008</td>
<td>10</td>
<td>9</td>
<td>10</td>
<td>R</td>
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<tr>
<td>Planned</td>
<td>May</td>
<td>2009</td>
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<tr>
<td>Planned</td>
<td>June</td>
<td>2009</td>
<td></td>
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</tbody>
</table>
AACOMAS will calculate an applicant’s GPA

Science GPA will include:
- Biology, Organic Chemistry, Inorganic Chemistry, Biochemistry, Physics, and Other Science

Non-science GPA will be based on:
- Math, English, Behavioral Science, and Other Non-Science courses

Repeated coursework
Deadlines

- Deadlines for the Osteopathic Colleges are different for each one - range from **October 2009 to April 2010**

- Primary deadlines for the colleges will be for applicants to have their application and transcripts sent to AACOMAS by **December 1st** for earliest consideration and processing

- Helpful Tip:
  - The majority of our medical colleges deadlines fall on **February 1st**
Applicant Data & Trends

- Nearly 1 in 5 Medical Students: attend an Osteopathic Medical College

- 1 in 4 anticipated in 2019
Profile of 2009 Application Cycle

AACOMAS applications: 94,258
13.05% Increase over this point last year

Number of applicants: 12,875
8.79% Increase

Average number of designations: 7.3
Increase from 7.1 over last year

Source: AACOMAS data as of 4-6-2009

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Total Applicants to AACOMAS

- 2002: 6,324
- 2003: 6,814
- 2004: 7,240
- 2005: 8,258
- 2006: 9,476
- 2007: 11,231
- 2008: 11,742
- 2009: 12,875

1 Based on total applicants received by AACOMAS – 2009 data as of 4/6/2009
Source: AACOMAS, American Association of Colleges of Osteopathic Medicine Application Services
Total Applicants & Average Designations

Average Designations

<table>
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<th>Year</th>
<th>Average Designations</th>
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<tr>
<td>2003</td>
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<tr>
<td>2004</td>
<td>5.5</td>
</tr>
<tr>
<td>2005</td>
<td>6.0</td>
</tr>
<tr>
<td>2006</td>
<td>6.2</td>
</tr>
<tr>
<td>2007</td>
<td>6.6</td>
</tr>
<tr>
<td>2008</td>
<td>7.0</td>
</tr>
<tr>
<td>2009</td>
<td>7.3</td>
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Total Applicants

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</tbody>
</table>

1 Based on total applicants received by AACOMAS

Source: AACOMAS, American Association of Colleges of Osteopathic Medicine Application Services
2008 Matriculants to Osteopathic Medical Colleges

Source: Applicant data on AACOMAS application
States with 100+ Matriculants

Source: Applicant data on AACOMAS application

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Baccalaureate Majors: Studied by 2008 Matriculants

- Life Sciences: 73%
- Physical Sciences: 7%
- Other: 6%
- Social Sciences: 9%
- Arts & Humanities: 5%

Source: Applicant data on AACOMAS application
Age Distribution: Applicants vs. Matriculants

Source: Applicant data on AACOMAS application
Family Members who are Physicians?

AACOMAS Question

Medical Background:
Do you have any family members who are D.O.s or M.D.s?

2008 Applicants
- Yes: 37%
- No: 63%

2008 Matriculants
- Yes: 35%
- No: 65%

Source: Applicant data on AACOMAS application

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## Race and Ethnicity: 2008

<table>
<thead>
<tr>
<th></th>
<th>Applicants</th>
<th>Matriculants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hispanic/Latino</td>
<td>9.3%</td>
<td>6.4%</td>
</tr>
<tr>
<td>Native American/Alaska Native</td>
<td>1.2%</td>
<td>1.0%</td>
</tr>
<tr>
<td>Asian American</td>
<td>23.5%</td>
<td>21.0%</td>
</tr>
<tr>
<td>African American/Black</td>
<td>6.6%</td>
<td>3.2%</td>
</tr>
<tr>
<td>Pacific Islander</td>
<td>0.3%</td>
<td>0.2%</td>
</tr>
<tr>
<td>White</td>
<td>68.9%</td>
<td>75.6%</td>
</tr>
</tbody>
</table>

**Note:** Applicant/Matriculants may respond by checking all that apply or none. Thus, totals will not equal 100%
Mean GPA Scores: Applicants vs. Matriculants

Source: Applicant data on AACOMAS application
Matriculant Grade Point Averages

Source: Until 2006 - AACOM, Annual Osteopathic Medical School Questionnaires
From 2007 – Applicant data on AAMCOMAS application

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Mean MCAT Scores: Applicants vs. Matriculants

Source: Applicant data on AACOMAS application
Mean MCAT Scores of Matriculants

Source: Until 2006 - AACOM, Annual Osteopathic Medical School Questionnaires
From 2007 – Applicant data on AACOMAS application

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Currently, D.O.s have full practice rights in roughly 50 countries and partial practice rights in many more.

American Osteopathic Association (AOA)
http://www.osteopathic.org
Linda Mascheri, Director of International and State Government Affairs
lmascheri@osteopathic.org

Canadian Osteopathic Association
http://www.osteopathic.ca
Ted Findlay, D.O., President, Canadian Osteopathic Association
tfindlay@telus.net

Osteopathic International Alliance (OIA)
http://www.oialliance.org

Source: Website accessed 3-11-09
http://www.osteopathic.org/index.cfm?PageID=ost_intl
D.O.s Around the World

D.O.s Around the World

Osteopathic medicine as practiced in the United States continues to gain recognition throughout the world. Osteopathic physicians, or D.O.s, currently have unregulated practice rights in roughly 60 countries, with partial practice rights in many more. Read the article "D.O.s On-Or-Off Clinical, Osteopathic Medicine: Finding a Home Outside of the U.S." about gaining practice rights in other countries.

The American Osteopathic Association has assigned responsibility for international activities to the Council on International Osteopathic Medical Education and Affairs. The Council, which was founded in 1996, holds regular meetings in the fall and the spring with an annual report presented to the AOA House of Delegates at the annual business meeting in July. Council activities include:

- Contact with the World Health Organization (WHO) and the Pan American Health Organization (PAHO);
- An international seminar at the AOA's annual convention;
- Leadership in establishing an Osteopathic International Alliance;
- Distribution of information on international activities of interest;
- Distribution of information about the AOA and American osteopathic medicine to interested parties outside of the U.S.;
- Coordination of international activities with osteopathic medical students, colleges of osteopathic medicine and interested specialty colleges;
- Monitoring of licensing and registration practices in countries outside of the United States, particularly as it affects osteopathic medical education.

FAQs: Frequently Asked Questions:

Q: What countries offer full medical practice to graduates of American colleges of osteopathic medicine and AOA approved graduate medical education?
A: The International Licensure Summary is located in the members-only section of www.do-online.org, the osteopathic professional Web site of the AOA. If you're a member and would like more information, contact Linda Mascheri at licenses@osteopathic.org. To learn more about member benefits, visit the membership section.

Q: What is the AOA's international mission?
A: The AOA established the Council on International Osteopathic Medical Education and Affairs (CIONEA) to oversee the AOA international activities. The areas of involvement are listed under CIONEA activities.

Q: I want to enter into training and practice in Canada. Who should I contact?
A: For information regarding training and/or practice in Canada, please contact Ted Findlay, D.O., President, Canadian Osteopathic Association at findlay@do.net, or contact the College of Physicians and Surgeons of the targeted province.

Q: I am a student at a college of osteopathic medicine in the United States. I wish to participate in a clinical rotation outside of the United States. Who should I contact?
A: For information regarding clinical rotations outside of the U.S., please contact the office of your college of osteopathic medicine's academic dean.

Q: I am attending an osteopathic program in Europe, and I wish to practice as a D.O. in the United States. How should I proceed?
A: There are no osteopathic programs located outside of the United States that qualify an individual to practice as an osteopathic physician in the United States.

Q: I am interested in learning more about American osteopathic medicine, and osteopathic medical education. Who should I contact?
A: You can contact Linda Mascheri, director of International and State Government Affairs at licenses@osteopathic.org, the Department of Communications, the Department of Membership, or visit the About Your Health section.

Q: I wish to have information on the AOA standards for the accreditation of colleges of osteopathic medicine. Who should I contact?
A: You can find information regarding accreditation standards on the CIONS Alliance in the About Osteopathic Medicine section.

Q: I would like the information on enrolling in an American college of osteopathic medicine. Who should I contact?
A: Contact the application service of the American Association of Colleges of Osteopathic Medicine or visit their Web site at http://www.aacom.org/
Welcome to the official website of the Canadian Osteopathic Association

Canadian Osteopathic Association

Osteopathy originated in the USA

The osteopathic profession was founded by Dr. Andrew Taylor Still in the United States and is the American Colleges of Osteopathic Medicine that have developed the advanced manual therapy techniques used by specialists in osteopathic manipulative therapy worldwide. The American Osteopathic Association and American Academy of Osteopathy continue to be the international leaders in advanced manual therapy techniques.

The COA represents only qualified and licensed practitioners

Be advised that currently there are various practitioners presenting themselves as osteopaths, practicing outside of legislation in Canada, who do not hold the comprehensive medical, surgical, and musculoskeletal training required for registration with a provincial medical authority in Canada.

Explore this website and visit the comprehensive website for the AOA

http://www.osteopathic.ca
Worldwide Osteopathic Resources

The Osteopathic International Alliance (OIA) serves as a clearinghouse of information monitored by the OIA secretariat with a view of obtaining, reviewing and distributing the most accurate information currently available regarding the osteopathic profession internationally. As such, the information relies on the accuracy of the submissions made by credible participating organizations, and is considered a work in progress reflecting changes and new information as they are brought to the Alliance's attention.

Where standards have been established, the secretariat provides contact addresses and determines and shares the sources of the information supplied regarding education, practice, and registration benchmarks. The OIA clearinghouse serves as a credible, reliable source of information for the use of participating organizations as well as interested governmental, regulatory, and NGO bodies that are advancing the interests of osteopathy and promoting health care globally. If, in reviewing this directory, you would like to suggest changes or additions, please email the OIA for consideration by the Clearinghouse committee.

Country Directories
Links
Articles
OIA Members
WHO Consultation

Joint Statement of the OIA & WOHO

The Osteopathic International Alliance (OIA) and the World Osteopathic Health Organization (WOHO) share a vision for the future of osteopathy. We will collaborate in working towards this vision on parallel pathways. The OIA and the WOHO are the only two worldwide organizations representing the needs and aspirations of osteopaths and osteopathic physicians. The OIA is an organization of organizations; WOHO is a membership organization of individual osteopaths and osteopathic physicians. WOHO, similar to the American Academy of Osteopathy, and many of the colleges of osteopathy and osteopathic medicine, is a partner member of the OIA; in this way the value of individuals can be heard collectively. WOHO provides a forum for discussion among individuals and WOHO representatives will bring the ideas and decisions resulting from those discussions to the OIA. Individuals will also have input through their national organizations, which have membership in the OIA.
The United States faces a physician workforce crisis in Primary Care – all parts of the country – mostly rural & underserved.

- Osteopathic Medical Schools are training and producing Primary Care Physicians to fill this void

- Number of DOs has increased 67% since 1990 to ~60,000
  - Family Practice, Internal Medicine, OB/GYN, Pediatrics

- DOs represent nearly 6% of the total U.S. physicians
  - 15% of all military physicians

- ~100 million patient visits annually are made to DOs
Graduate training paths in osteopathic graduate medical education include (but are not limited to):

Anesthesiology, emergency medicine, family practice and osteopathic manipulative medicine, internal medicine, obstetric and gynecology, orthopedic surgery, otolaryngology and...

Facial plastic surgery, pediatrics and subspecialties, general surgery, neurological surgery, urological surgery, proctologic surgery, radiology and oncology, neurology, neuromusculoskeletal medicine, ophthalmology, pathology, psychiatry, dermatology, physical medicine and rehabilitation, preventive medicine and public health.
Determinants of Specialty Choice?!
Welcome to AACOM's Web Site

Read AACOM's latest Federal Updates

IOH Issues Resident Duty Hours Report
The Institute of Medicine released Resident Duty Hours: Enhancing Sleep, Supervision, and Safety, a report that offers recommendations to optimize the delivery of safe, high-quality care and the training of residents. Read the full text and executive summary | Purchase the report | Download a summary table of recommendations | Download the report brief

Annual Meeting Registration Now Open
Register before February 27 to take advantage of early bird registration rates.

Register today and make your hotel reservations for AACOM's 2009 Annual Meeting, Preparing the Best Physicians for Tomorrow's World, to be held April 15-18 in Bethesda, Maryland. Newsweek political columnist Howard Fineman has been confirmed as one of the keynote speakers, and the program includes many new features. Learn more

AACOM Accepts Applications for 2009 Sherry R. Amstein Minority Student Scholarships
AACOM recently selected three outstanding osteopathic medical students to participate in the 2009 Osteopathic Health Policy Intern (OHPI) program. Applications for 2010 are now being accepted. Read more

Breaking News - Enhancements to AACOM Job Connection
AACOM is pleased to announce its new alliance with the National Healthcare Career Network (NHCN). AACOM's alliance with NHCN will allow your job openings to be posted to many more relevant sites and will increase your reach to over 7,000 resumes, giving you a one-stop-shop to find targeted and qualified candidates. Read more

See AACOM's Calendar of Events for Upcoming Conferences, Meetings and Other Events

American Association of Colleges of Osteopathic Medicine
5550 Friendship Boulevard, Suite 700, Chevy Chase, MD 20815-7291 | P 301.968.4100 | F 301.968.4101

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Fast Facts on Osteopathic Medicine

Fast Facts About Osteopathic Medical Education

This section of the AACOM web site features data-based fact sheets on the osteopathic medical education field, colleges of osteopathic medicine, and applicants, students, and medical education financing. To view a fact sheet, click on one of the links below. Check back frequently for additional data, as we will be adding fact sheets each month.

For more information about the data included in these fact sheets, contact Tom Lenihan, MEd

Osteopathic Medical College Applicants

- 2006 Osteopathic Medical School Applicants: A Profile (8-16-06)  New!
- Osteopathic Medical School Applications: Reach Record Highs for Second Year (6-15-06)
- Trends in Applications to Osteopathic Medical Schools

Growth in Osteopathic Medical Education

- Enrollment Growth in the Nation's COMs
- Osteopathic Medical Education Five-Year Enrollment Growth Projections
- Colleges Boost 9 Percent First-Year Enrollment Growth

Financing of Osteopathic Medical Education

- Student Debt Rates
- Osteopathic College Tuition and Fees

Osteopathic Medical College Students

- Trends in Female Osteopathic Medical School Enrollment (9-25-06)  New!
- Mean MCAT Scores and GPAs of Matriculating Osteopathic Students
Recruiting Events
Questions & Answers

Thank you for your interest and participation today!
We look forward to working with you throughout the 2010 application cycle and beyond.

Gina M. Moses, M.Ed.
Associate Director, Application Services
Tel: 301-968-4184
Email: gmoses@aacom.org