



OPM Newsletter May 2008

2009 Application Season Is Here

The Medical School application cycle for 2009 has started. For United States schools, there are 3 main ways to apply: **AMCAS** (American Medical College Application Service) works with the majority of MD programs while **AACOMAS** (American Association of Colleges of Osteopathic Medicine Application Service) does the same for DO schools. A separate system, **TMSAS** (Texas Medical and Dental Schools Application Service) takes care of MD and DO programs located there. For those looking outside of the US, **OMSAS** (Ontario Medical School Application Service) services schools in that province. The remaining Canadian, Caribbean and other foreign medical schools require a separate application at each institution.

Hotel Discount for Conference Ends May 27th

To get the reduced room rate at the Radisson Hotel/Reagan National Airport for the 2008 OldPreMeds Conference, Washington, DC, June 19-21, you must make your reservation by **May 27**. To book a room, call Radisson Hotels directly at **1-800-333-3333 or 703-920-8600 ext.273**. Tell them you will be attending the "OldPreMeds" conference.

[Click Here: Special Hotel Rates](#)
[Click Here: Share-A-Room](#)

Scheduled Exhibitors for 2008 Conference

Here are some of the exhibitors & recruiters scheduled to be at this year's OldPreMeds National Conference in Washington DC.

American Association Of Colleges Of Osteopathic Medicine
 American University Antigua College Of Medicine
 American University Post Baccalaureate Program
 George Washington University School Of Medicine
 International American Medical School – St. Lucia
 Kaplan Test Prep
 Medical University Of The Americas - Nevis
 Michigan State College Of Human Medicine
 Philadelphia College Of Osteopathic Medicine
 Physician Assisted Student Success Program
 Premedadvisor.com - Ms. Beth Justin, Private Premed Advising
 Ross University School Of Medicine - Dominica, West Indies
 Student Doctor Network
 The Princeton Review
 Trinity University School Of Medicine - St. Vincent
 Uniformed Service University Of Health Sciences
 University Of Guadalajara - Mexico
 University Of Maryland School Of Medicine
 University Of Medicine And Health Sciences - St. Kitts
[Click Here: Conference Registration](#)
[Click Here: Conference Speakers](#)

From the Forums: Premedical Students

New Medical Schools: New Allopathic and Osteopathic schools have opened along with some new Caribbean schools.
[Click Here: New Medical Schools Open](#)

Application to Matriculation Data: What really are the "chances" of getting into medical school? The data and statistics are discussed. [Click Here: Seats at US Schools](#)

What Is The Score: What really is the average score for GPA and MCAT of those who matriculate into medical school?
[Click Here: GPA and MCAT National Averages](#)

Are There Non-Trad Friendly Schools: Are there any programs that are more open to the non-traditional student? This frequent question is discussed at length.
[Click Here: Are There Non-Trad Friendly Schools?](#)

From the Forums: Med Students & Residents

Mastering Med School Exams: How do you approach the vast amount of material and prepare for the constant onslaught of exams? [Click Here: Mastering Exams In Med School](#)

Letters of Recommendation: When should you start getting letters of recommendation for residency? How to best approach and follow-up with your recommenders?
[Click Here: Letters of Recommendation](#)

STEP 1 Study Schedule: What is an appropriate study schedule for STEP 1 exams? Can you share your strategy?
[Click Here: STEP 1 Study Schedule](#)

This Month's Diary: Gabe is finishing his 1st year at UMDNJ - School of Osteopathic Medicine. Catch up with him and read about his journey. [Click Here: Gabe's Diary](#)