



## OPM Newsletter February 2008

### New Medical Schools Planned

New opportunities abound for non-traditional students, as there is an unprecedented growth in medical schools. The AAMC has called for a 30 percent increase in enrollment by 2015 to address an anticipated national physician shortage. First-year enrollment in U.S. allopathic medical schools is projected to increase 17 percent by 2012 to nearly 19,300 students. In the last 5 years, there has been over a 10% increase in the number of first year Osteopathic medical students to nearly 4,000. Over 20 new allopathic and osteopathic medical schools are in planning stages across the country. There is a corresponding growth in formal post-baccalaureate programs with over 100 currently in the US. Never has there been more demand for qualified applicants and never more opportunity to gain entrance to medical school and achieve the goal of becoming a physician

### Links to Post-Bacc, MD, & DO Programs

[Click Here: Post-Baccalaureate Premed Programs](#)  
[Click Here: US Allopathic Medical Schools](#)  
[Click Here: US Osteopathic Medical Schools](#)  
[Click Here: International Medical Education Directory](#)

### From the Forums: Premedical Students

**Committee Letter:** Do you need to go through your institution's pre-health committee? Are there any ways to do it yourself? What are the advantages and disadvantages of both choices? [Click Here: Committee Letter](#)

**Struggling in Organic:** Is Organic Chemistry the hardest course? What do you do if you have taken "Orgo" with too many other courses? [Click Here: Struggling in Organic](#)

**Starting at 50:** Do you have any ideas, advice, or reactions for someone starting on the path at 50? What words can you offer? [Click Here: Starting at 50](#)

**Advice for Spouse** How do you deal with the difficult decision of going into medicine & a reluctant spouse? How would you approach this? [Click Here: Advice for Spouse](#)

### Eighth Annual National Conference

Registration for the 2008 OldPreMeds Conference at the Radisson Hotel/Reagan National Airport, Washington, DC, June 19-21, is now open. Hotel rooms are at special rates and there's time to find low-priced airfares. Don't miss out on this year's conference. Recruiter Inquiries Welcomed

[Click Here: Conference Registration](#)

[Click Here: Special Hotel Rates](#)

[Click Here: Share-A-Room](#)

[Click Here: OPM 2008 Flyer](#)

### Call For Volunteers

The success of OPM has achieved much on very little money. Our organization has been built almost entirely upon the efforts of a handful of volunteers. Even with their commitments to school, family, and jobs, these volunteers still spend long hours building and maintaining the web site, organizing and planning the annual conference, and adding their thoughts and views to the forums. Several new volunteer positions are being planned. If you are interested in volunteering your time contact below

[Click Here: List of Volunteer Positions](#)

[Click Here: Email to Volunteer for OPM](#)

### From the Forums: Med Students & Residents

**Neuro Brain Models:** Any suggestions on guides, websites, and other tools for an anatomical intensive neuro phase? How did you handle your difficult neuro material? [Click Here: Neuro Brain Models](#)

**STEP 2 Exams:** Having the hardest time studying for USMLE STEP 2? Which study book works best? First Aid for Step 2? Secrets? USMLE? [Click Here: STEP 2 Studying](#)

**Hiring Older MD:** What are the job prospects as an older MD? What is the best way to network for a job after residency? [Click Here: Hiring Older MD](#)

**OldPreMeds Diaries:** Did you know that several medical students and residents keep diaries online of their journey? [Click Here : OldPreMeds Diaries](#)